

## MAY 2021

3	Suicide Prevention Community Forum To attend, visit www.solanocounty.com/depts/bh/sp	9:00 AM
4	CASRA 2021 Virtual Conference   May 4-12 For more information contact debra@casra.org \$50 registration fee	
5	"My Ascension" for Suicide Prevention For more information, visit www.eventbrite.com/e/149936358685	6:00 PM
8	Tarrin Morgan II For more information, contact info@namisolanocounty.org	10:00 AM
10	The LGBTQ+ community and Mental Health For more information, visit www.solanopride.org	6:00 PM
	Suicide Prevention Community Forum To attend, visit www.solanocounty.com/depts/bh/sp	5:00 PM
11	Organizational Spirit with Lori Ashcroft and Rita Cronise For more information contact Ruthgonzales@cbhi.net	10:00 AM
	"Yoga and My Recovery" For more information, contact info@namisolanocounty.org	12:15 PM
	"Taller Virtual de prevención del suicidio para padres/tutores y personal escolar" For more information, visit www.solanocoe.net	1:00 PM
	Dr. Cerrene Cervantes, "In Her Own Voice - A Journey to Resilien For more information, visit www.solanopride.org	<b>cy</b> 6:00 PM
12	"Suicide Prevention and Mental Health Awareness" For more information, visit www.solanocoe.net	9-11 AM
	Vacaville Car Parade For more information, contact wru@solanocounty.com	10:00 AM
	Rio Vista Car Parade For more information, contact wru@solanocounty.com	2:00 PM
13	"A Sound Bath" by Brigid Reilly For more information, visit www.solanopride.org	6:00 PM
	Suicide Prevention Community Forum To attend, visit www.solanocounty.com/depts/bh/sp	3:00 PM
15	Fairfield Car Parade For more information, contact wru@solanocounty.com	10:00 AM
	Turtles all the Way Down For more information, contact info@namisolanocounty.org	12:15 PM
	Vallejo Car Parade For more information, contact wru@solanocounty.com	2:00 PM
17	Rebuilding Relationships After the Isolation of COVID-19 For more information, visit www.solanocoe.net	1:00 PM
	Meet and Greet with Book Author, Cynaka Harper For more information, visit www.caminar.org/solano	11:45 AM
19	"Suicide Prevention and Mental Health Awareness" For more information, visit www.solanocoe.net	9:00 AM
	Journey to Wellness with Kevin Berthia For more information, contact wru@solanocounty.com	1:00 PM
20	"Suicide Prevention and Mental Health Awareness" For more information, visit www.solanocoe.net	9:00 AM
	Be the Support 1 Hour Teen Suicide Prevention For more information, visit www.solanocoe.net	5:00 PM
21	"Poetry - My Journey to Wellness" To attend, contact CLAS@solanocounty.com by may 5	6:00 PM
22	"Ending the Silence" To attend, contact: info@namisolanocounty.org	10:00 AM