



IDEAS FOR HEALTH CARE SETTINGS



Goals

- Create an opening and affirming space
- Teach providers how to ask and communicate about LGBT health:
 - ✓ How to do sex and gender history
 - ✓ How to do gender affirming history and physicals
 - ✓ How to ask about partners & relationships
 - ✓ How to make a safe environment for patients to disclose about relationships
 - ✓ How to discuss safe sex and health concerns related to safe sex
- Display posters and images of older LGBT people around your Center
- Provide resources – educational web sites, CME- webinars, & literature
- Offer informational tables and events



Serving the Community

HOST EVENTS with health materials and giveaways from your center at each:

- Lunch and Learns in collaboration with SAGE
- Set up a speed dating event for elder LGBT people - focus on one: bisexual, gay, lesbian, etc.
- Bar events – Drag show, drag bingo or other fun events
- Women’s Tea – Sunday afternoons
- Art Museums – Work with a museum to create an elder art exhibit or an LGBT elder day Jazz
- brunch at a local hot spot
- Club parties specifically for older LGBT individuals during Pride celebrations

ROUNDTABLE DISCUSSIONS for lunch events or evening appetizer/dinner events:

- Sex after 60
 - ✓ Safe and fun sex - collaborate with local sex toy shop
 - ✓ Sexual dysfunction and solutions
 - ✓ STIs to know
 - ✓ Hepatitis C and LGBT Baby Boomers
 - ✓ PrEP/PEP and HIV infection, care, and treatment
- Health disparities and specific elder population topics:
 - ✓ Lesbian health
 - ✓ Gay men’s health
 - ✓ Trans men’s or women’s elder health
- Mammogram van for lesbian/bisexual/transmen twice per year
- Mental health
 - ✓ Depression and LGBT elders
 - ✓ Fighting substance abuse (alcohol, smoking, etc.)
 - ✓ Loss and love for LGBT elders
 - ✓ Coming out after 50





Partners & Resources

Partners

- ✓ Callen Lorde: callen-lorde.org
- ✓ Howard Brown Health: howardbrown.org
- ✓ Lyon Martin: lyon-martin.org
- ✓ Mazzone Center: mazzonicenter.org
- ✓ SAGE (*Services and Advocacy for Gay, Lesbian, Bisexual & Transgender Elders*): sageusa.org

Resources

- ✓ American Society on Aging: asaging.org
- ✓ Fenway Community Health Center: fenwayhealth.org
- ✓ Gay and Lesbian Medical Association: glma.org
- ✓ Healthcare Equality Index: hrc.org/hei
- ✓ LGBT Aging Project: lgbtagingproject.org
- ✓ National Lesbian and Gay Task Force: thetaskforce.org
- ✓ SAGE (*Services and Advocacy for Gay, Lesbian, Bisexual & Transgender Elders*): sageusa.org