

FAMILY DISCIPLESHIP PLAN

Deuteronomy 6:6 and Proverbs 22:6 call us as parents to model our faith to our children and to train up a child in the way they should go so that when they are old, they will not depart from it. This resource is a tool that can help families brainstorm and organize how to model and disciple their children across several spiritual disciplines.

This resource includes an example plan to give you some ideas; however, the best discipleship plan is one that is rooted in God's word and is specific to YOUR family. Make it your own and have fun with dreaming about the privilege of shepherding the hearts of the children God has given you!

Here are some additional instructions and reminders to help you get started:

- 1. **Complete your Family Vision Statement** What do you want your family to value? What does it mean to be a part of your family? What specifically do you want your family to focus on?
- 2. Complete each section of the Discipleship Plan What specifically do you plan to do to Model faithfulness to your children, Pray for and with them, Train their hearts, and trust the Lord? This may vary based on the ages and gifting of your children so feel free to use multiple plans if you have multiple children.
- 3. Share Your Family's Plan with Your Community Ask members of your community group to review your plan and provide feedback, help identify blind spots and opportunities to improve your plan, and help you stay faithful in implementing this plan in the weeks and months ahead!
- 4. Share the Plan with Your Children and Make it Visible Talk with your kids about the plan you've developed and why it's important to you. Don't forget to put it somewhere visible in your home as a reminder for your whole family!
- 5. **Plans Change and That's OK!** The plan that works great for your family now will probably need to change in a year or two as you and your children grow. Review and revise your family's plan periodically to meet your family's needs.



FAMILY DISCIPLESHIP PLAN (EXAMPLE)

Family Vision Statement

The Doe family consistently reads and applies God's word, seeks to serve before being served, loves and serves our neighbors at home and at work and school, and gives sacrificially with willing hearts to advance God's kingdom. We love people more than things and love the Lord more than this world.

| | Read the Bible every morning and share what I learned with the family during dinner | | |
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| Model | Memorize a new verse each week and encourage my kids to quiz me throughout the week | | |
| (Deuteronomy 6:6) | One date night per month with my spouse | | |
| | Set my cell phone down from when I get home from work until the kids go to bed each night | | |
| | Read the Jesus Storybook bible to the kids during dinner time. | | |
| Train (Proverbs 22:6) | Memorize the verse for each month that their age reviews in class (Starting Blocks, K1 Race). Practice in the mornings and at night before bed. | | |
| | Teach my children to own their own part first when dealing with conflict | | |
| | Pray as a family every morning | | |
| Pray | Pray with each child at bedtime | | |
| (Ephesians 6:18) | Pray with my spouse for my children's salvation and specifically for how God has gifted them | | |
| Trust | Give my kids permission to call me out for being on our phones too much or grumbling/ complaining. | | |
| (Proverbs 3:5-6) | Discipline when I am not giving in to my anger (ask my wife and community regularly how I am doing in this) | | |



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