### **Bulldog Counseling Corner**

April 2024 Issue 8

# Summer Online Classes FAQs

**Q:** When do we sign up for summer classes?

**A:** Granite Online applications open up in **April**. When they are open, we will announce how to sign up. Watch for those announcements in Canvas and on KOJHUtah.org

**Q:** Do I have to be in 8th grade to take Fitness for Life?

**A:** No! You can take it if you are in 6th or 7th grade this year and it will count on your high school transcript.

Q: How much does each class cost?

**A:** Each summer class has a \$60 per .50 credit charge. Fee waivers do apply. You can pay in the Parent Portal on Focus.

**Q:** Where can I find more information and the form?

A: Granite Online Learning

**Q:** Can I take online classes somewhere other than Granite Online?

**A:** Yes, talk to your counselor if you are interested in learning more.

Counseling center: 385-646-5225 olympusjrcounseling.weebly.com

Important Dates	
April 1-5th	Spring BreakNo School
April 8th	Eclipse Viewing at school 12:30pm
April 8th	Student Body Officer packets available
April 8th	Track Begins
April 9th	PTSA Meeting 9:15am
April 11th	MESA Parent Night 6:00pm
April 22-26	SBO Elections Week
April 29	No School
May 1, 7, 9th	RISE Testing 8:00am-10:30am
May 2nd	All library materials due
May 24	Last day of school



### 5 Tips for Stress Management



Set realistic, achievable goals.



Practice mindfulness for stress relief.



Exercise regularly to reduce tension.



Maintain a balanced, healthy lifestyle.



Talk to someone you trust.

#### **Student Body Officers**

7th Graders! If you are interested in running for a Student Body Officer position, make sure to pick up a packet after we get back from spring break.

#### Track & Field

All students are invited to partipate in Track and Field this spring. Talk to Mr. Costales for more information. We are still looking for a track coach so if you are interested or know someone who is, please talk to Mr. Anderson or apply online at Granite District employment.

#### **Library Materials Due May 2nd**

All materials for students including checked out Chromebooks and library books are due on May 2nd. Late and lost fines will be assessed on this date. There is a \$5 per patron fine for late materials which will be assessed at the end of that day in addition to the lost fines.

#### **Art Competitions**

Check the front office for information about the Kids and Cops Art Competition--entries are due April 11th in the front office. Also, the Granite District Junior High Art Show will be at the district office April 15-18th.

Bulldog Buck question of the month:

Can you name five cities where people will be able to view the eclipse on April 8th in totality?

NOTE: All PBIS Store orders have been filled. If you haven't seen an order you made, talk to Ms. Eisert.

#### The Great American Eclipse

On April 8th, many in the US will see a total eclipse. In Utah, we will see a partial eclipse. At school, we will arrange our advisory schedule so we can go outside to see it. If you have glasses, please bring them, and we will have some to share as well.

## Students of the month: March

Congratulations to these students who exemplify our RISE traits!
Kaiya Lund
James Fagergren
Libby Burt
Joel Mugelston
Maggie Knight
Matthew Aina

#### **Tutoring**

The tutoring schedule is posted at the main office, as well as on the Olympus Junior High Counseling Center website. Check it out or email a teacher to find a time to meet with them.

Students can also send a request to a teacher via Canvas to request to meet during advisory.