

## Counseling Agencies

Name	Address	Areas of Speciality	Insurance
<b>Youth Eastside Services</b> 425.747.4937 www.youtheastideservices.org	16225 NE 87th St. Suite A-2 Redmond, WA 98052		Fees based on a sliding scale; no one is turned away
<b>Consejo Counseling</b> 425.679.0801 www.consejocounseling.org	Bellevue Eastside Recovery 13333 Bel-Red Rd. Ste. 210 Bellevue WA		Counseling for Spanish speaking families
<b>Sound Mental Health</b> 206-302-2300 www.smh.org	Locations in Redmond and Bellevue		
<b>Safe Crossings Foundation</b> (206) 652-4723 http://safecrossingsfoundation.org/	1402 3rd Ave #1322, Seattle, WA 98101	Grief groups and camps	
<b>Aspiring Youth</b> 206-517-0241 info@aspiringyouth.net	2400 NE 95th St, Seattle, WA 98115	social skills small groups, coaching and summer camps	
<b>Wellspring, Bellevue</b> 425.453.7890 www.family-services.org	11911 NE 1st St. Ste 206 Bellevue, WA 98005		

## Counselors, Psychologists & Psychiatrists

Name	Address	Areas of Speciality	Insurance
<b>Brandy Hofstad LMHC</b> 425) 495-3031 info@brandyhofstad.com www.brandyhofstad.com	410 Bellevue Way SE Suite 303 Bellevue, WA 98004	anxiety, depression, ADHD, emotional regulation, behavioral challenges, divorce, coping skills, interpersonal relationships, abuse, trauma, impulse control, suicidal thoughts, self-harming, anger management	Out of network for all insurance companies, but will submit claims on the behalf of the subscriber. Reimbursement goes to subscriber.
<b>Ian Cox Ph.D.</b> 425-739-4773 i.cox@msn.com	2950 Northup Way Suite 204 Bellevue, WA	child, adolescent, and adult psychotherapy, psychological assessment	Blue Cross, Blue Shield, First Choice Health Network

<p><b>Rachael Treiber, MA, LMHC</b>  (425) 770-6111  rachael@rachaeltreiber.com  rachaeltreiber.com</p>	<p>15600 Redmond Way  Suite 201  Redmond WA 98052</p>	<p>transitions, self-esteem, anxiety &amp; depression</p>	<p>In-network with Premera, Blue Cross and Lifewise of Washington. Accept all other insurance as an out of network provider.</p>
<p><b>Doug McClosky, LMFT</b>  206 245 8993  douglmft@msn.com  www.contemporarybalance.com</p>	<p>1611 116th Ave NE,  Bellevue WA 98004</p>	<p>Children ages 9 and up, teens and young adults, adults, parenting,</p>	<p>First Choice, Kaiser</p>
<p><b>Jennifer E. Harris, LMFT</b>  425-688-3943  therapy@jennifereharris.com  www.JenniferEHarris.com</p>	<p>11711 SE 8th Street  Suite 315  Bellevue, WA 98005</p>	<p>marriage and family therapy, parent educator, spectrum work, ADD/ADHD</p>	<p>Premera Blue Cross, Lifewise, some Regence plans.</p>
<p><b>Laura Doerflinger Schneider MS, LMHC</b>  206-300-2550  get@calmwithlaura.com  www.calmwithlaura.com</p>	<p>8752 122nd Ave NE  Kirkland, WA 98033</p>	<p>Social Skills (Casey's Clubhouse-  www.caseys-clubhouse.com) ADHD, anxiety, depression</p>	<p>Clients pay upfront, insurance covers</p>
<p><b>Annie Kurz, M.A., M.B.A., LMHC</b>  Integration Counseling and Coaching  425-373-0808  akurz@anniekurz.com  www.anniekurz.com</p>	<p>16625 Redmond Way  Suite M114</p>	<p>Anxiety, Depressions, ADHD, Bipolar, PTSD, Parenting, Executive Coaching</p>	
<p><b>Karla Obernesser</b>  Counseling with Karla  425-941-8880  kobernesser@comcast.net  www.counselingwithkarla.com  OB1.network/counseling-with-karla</p>	<p>2200 112th Avenue NE  Suite 100</p>	<p>relationships, depression, anxiety, parenting, grief</p>	<p>Out of network provider, clients pay counselor directly, counselor then provides the codes necessary for reimbursement</p>
<p><b>Molly K. Reid, Ph.D.</b>  (425)-481-5700, press 3</p>	<p>18500 156th Ave. N.E.  Suite 202  Woodinville, WA</p>	<p>Anxiety, ADD, Divorce</p>	
<p><b>Christopher McCurry, Ph.D.</b>  (206) 361-6884  http://www.abcdseattle.com/McCurry.asp</p>	<p>155 NE 100th St.  Suite 306  Seattle, WA</p>	<p>Anxiety</p>	

<b>Milani Smith, Ph.D</b> (425) 658-3200 http://cadencechat.com	5210 Carillon Point Kirkland, WA		
<b>Angelica De Anda</b> Sea Mar CHC Bellevue Behavioral Health Child and Family Services	1811 156th Ave. NE Suite 2 Bellevue WA 98007	CBT, PTSD, Anxiety, Depression, Family Therapy, Spanish Speaking	
<b>Dr. Tatjana Deretic, MD</b> Adolescent Psychiatrist 425-221-7427 www.drderetic.com	2200 112th Ave NE Suite #140 Bellevue WA 98004		
<b>Bonnie Chaput RN, LMHC</b> 425.821.5171	11415 NE 128th St. Ste. 100 Kirkland, WA 98034		
<b>Dr. Tim Weber</b> 425-453-7999 timweber@t@yahoo.com.	1300 114th Ave. S. E. Bellevue, Washington 98004 (Madrona Building, Suite		
<b>Karen Toth</b> 360-220-6040 karentoth22@gmail.com www.karentoth.net	6239 Woodlawn Ave N, Seattle, 98103 (Green Lake)	Autism diagnosis and treatment; educational evaluations; treatment for anxiety	
<b>Abigail Rogers</b> 206-669-7642	Kirkland, WA	Ages 5-14 Current LWSD School Counselor	
<b>Yvonne Clayton, MA, LMHC</b> (425) 941-3359 yvonneclayton@yccounseling.com www.yccounseling.com	8752 122nd Ave NE, Kirkland 98033	anxiety, depression, PTSD, domestic violence, at-risk youth, family transitions. I utilize humanistic, CBT modalities and EMDR.	
<b>Carol Airone</b> (425) 557-7898	545 Rainier Blvd N #116 Issaquah, WA 98027		
<b>Heidi Showman</b> 425-998-8139 heidi@northstaroffices.com www.heidisprivatepractice.com	15600 Redmond Way Suite 201 Redmond, 98052	adolescent girls, life transitions, anxiety, self-esteem	

<b>Rachel Stapleton Counseling, PLLC</b> 253-880-6278 <a href="http://www.stapletoncounseling.com">www.stapletoncounseling.com</a> <a href="mailto:Rachel@stapletoncounseling.com">Rachel@stapletoncounseling.com</a>	9757 NE Juanita Dr. Ste. 214 Kirkland, WA 98034	anxiety, depression, mood disorders grief and loss, chronic illness life transitions at-risk youth	
<b>Leslie Fields</b> <a href="http://www.lesliefieldscounseling.com">http://www.lesliefieldscounseling.com</a> <a href="mailto:leslie@lesliefieldscounseling.com">leslie@lesliefieldscounseling.com</a> , 425-503-3925.	8752 122nd Ave NE Kirkland, WA	Former LWSD School Counselor	

## Parenting Support

Name	Address	Areas of Speciality	Insurance
<b>Casey O’Roarty</b> Joyful Courage <a href="http://www.joyfulcourage.com/">http://www.joyfulcourage.com/</a>		Parenting coach and facilitator of parenting classes	
<b>Penny Davis</b> <a href="http://www.respectful-relationships2.com/penny-davis.html">http://www.respectful-relationships2.com/penny-davis.html</a>		Parenting Coach for parents with foster/adoptive children or children impacted by trauma	