

# REFERRAL FORM

## Medical Nutrition Therapy Diabetes Self Management Education

Phone number: 248-475-4701 Fax number: 248-475-5777

### PATIENT INFORMATION

Date:	Patient's Name:	DOB:	Age:
Phone # (H):	Phone # (W):	Phone# (C):	
Address:		Email:	
Health Insurance:		Contract ID Number:	

### NEED FOR SELF-MANAGEMENT EDUCATION

☐ **Medical Nutrition Therapy:** Please describe reason for patient referral: \_\_\_\_\_  
**Medicare: 3 hours initial MNT in the first calendar year, plus two hours follow-up MNT annually. Additional MNT hours are available for change in medical condition, treatment and/or diagnosis. Please check the type of MNT and/or number of additional hours requested.**

- ☐ Initial MNT    ☐ Annual follow-up MNT  
☐ Additional Services in the same calendar year, per RD recommendation \_\_\_\_\_ hours requested

Blood Pressure: \_\_\_\_\_/\_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

☐ **Diabetes Self Management Training (9-11 hours)** is medically necessary for the following reasons:

- ☐ Recent Diagnosis (please include diagnostic lab work)   
 ☐ Poorly controlled diabetes   
 ☐ Lack of current self-care knowledge/skills

**Diagnosis:** (Check all that apply)

<input type="checkbox"/> Diabetes Type 1	E10	<input type="checkbox"/> Morbid Obesity	E66.01
<input type="checkbox"/> Diabetes Type 2	E11	<input type="checkbox"/> Obesity	E66.9
<input type="checkbox"/> Heart Disease	I51.9	<input type="checkbox"/> Pre-diabetes	R73.09
<input type="checkbox"/> Hyperlipidemia	E78.5	<input type="checkbox"/> Post-surgical malabsorption	K91.2
<input type="checkbox"/> Hypertension	I10	<input type="checkbox"/> Renal Disease	N28.9
<input type="checkbox"/> Hypoglycemia	E16.2	<input type="checkbox"/> Other: _____	

**\*\*Please attach lab work:**

- |  |   |  |
|--|---|--|
| <ul style="list-style-type: none"> <li>• FBS</li> <li>• RBS</li> <li>• HgbA1C</li> </ul> | <ul style="list-style-type: none"> <li>• Cholesterol</li> <li>• HDL</li> <li>• LDL</li> </ul> | <ul style="list-style-type: none"> <li>• Triglycerides</li> <li>• Micro albumin</li> <li>• Other: _____</li> </ul> |
|--|---|--|

**List Medications:**

Medication	Dosage	Frequency

### REFERRING PHYSICIAN INFORMATION

Physician/Clinician Signature:	Phone:
Physician/Clinician Name (Print):	Fax:
Physician Address:	NPI Number:

**\*\*\*Please provide patient with a copy and fax a copy to (248) 475-5777**