

SCREENAGERS **NEXT** **CHAPTER**

UNCOVERING SKILLS FOR STRESS RESILIENCE

HIGH STRESS, ANXIETY AND DEPRESSION ARE EXPERIENCED BY MILLIONS OF YOUNG PEOPLE. WE FOLLOW PHYSICIAN AND FILMMAKER, DELANEY RUSTON, AS SHE DISCOVERS SOLUTIONS FOR IMPROVED ADOLESCENT WELL-BEING IN THE DIGITAL AGE.

Presented FREE by Finn Hill Middle School PTSA

WHEN: November 21 at 7:00 PM (doors open at 6:30PM)

**WHERE: Finn Hill Middle School Commons-
8040 N.E. 132nd ST, Kirkland, WA 98034**

TICKETS: FREE at Screenagersmovie.com

**Please bring a nonperishable donation for Hopelink
Refreshments will be sold to support the Finn Hill ASB**

**Thank you to Lake Washington PTSA Council for the generous grant to
make this a free event for our community**

screenagersmovie.com