



McKay Summer Involvement Packet 2021

Table of Contents

- I. Physical and Mental Health Resources
 - A. Food Bank Information (*p. 2-3*)
 - B. Suicide Crisis Phone Numbers/Counseling Resources (*p. 4*)
- II. Summer Credit
 - A. McKay Summer School Information
 - 1. English (*p. 5*)
 - 2. Spanish (*p. 6*)
 - B. Salem-Keizer Summer Programs for credit (*p. 7-8*)
- III. Events to Go To
 - A. Summer Art Shows
 - 1. 'Better Together' Art Show Application (*p. 9*)
 - 2. Virtual Art Fair and Festival Information (*p. 10*)
 - B. Farmer's Markets (*p. 11-12*)
 - C. HOOPLA XXII Basketball Tournament (*p. 12*)
 - D. Salem Public Library (*p. 12-13*)
- IV. Volunteer Information
 - A. Salem-Keizer Unified Summer Program (*p. 14*)
 - B. Volunteer at Live To Tell (Suicide Prevention Non-Profit) (*p. 15*)
 - C. Historic Elsinore Theatre (*p. 15*)
 - D. Food Bank (*p. 16*)
 - E. Gilbert House (*p. 16*)

Food Banks:

Life Spring Church Food Pantry

9165 Portland Rd NE Brooks OR 97305
503-393-2155

Tuesdays 10am-12pm

Keizer Community Dinner

5303 River Road N

Keizer OR 97303

4th Wednesday 5:00-7:00pm

Keizer Community Dinner

5303 River Road N

Keizer OR 97303

Monday 5:00pm-7:00pm

Thursday 9:00am-11:00am

ARCHES

615 Commercial Street NE

Salem OR 97301

Drop-in Day Center Hours: Monday through
Friday 8:15am-3:00pm

Good Samaritan Pantry

4570 Center Street NE

Salem OR

503-378-0633

Tuesday 2:30pm-5:00pm (Closed June 8th
and June 15th)

Jason Lee Food Bank

820 Jefferson Street NE

Salem OR

503-362-9885

Wednesday & Friday 9:00am-11:30am

Mano a Mano Family Resource Center

3850 Portland Rd NE, #210

Salem OR

503-363-1895

Call Monday-Thursday from 10:00am to
6:00pm to schedule a pick-up appointment
for Tuesday or Thursday

New Harvest Church

4290 Portland Road NE

Salem OR 97301

1st & 3rd Saturday 9:00am-11:00am

New Hope Food Pantry

4963 Swegle Road NE

Salem OR 97301

503-370-8886

Sunday 2:00pm-4:00pm

Pauline Memorial AME Zion

3593 Sunnyview Road NE

Salem OR 97305

503-399-0130

Produce Only: 2nd & 4th Friday

12:30pm-1:30pm

Full pantry on Tuesday 10:30am-1:30pm

People's Church

4500 Lancaster Drive NE

Salem OR 97305

503-304-4000

1st, 2nd & 3rd Monday 9:00am-10:30am

4th Saturday 10:00am-11:30am

St. Vincent de Paul Society

3745 Portland Rd NE

Salem OR

503-364-5672

Monday through Friday 10:00am-1:00pm

The Salvation Army Food Bank

1977 Front Street NE

Salem OR 97301

503-585-6688

Monday – Friday 9:00am-12:00pm

Seventh Day Adventist Community Services

1860 Summer Street NE

Salem OR

503-363-8893

Monday & Tuesday 10:00am-12:00pm

Spanish Seventh Day Adventist

4625 Cordon Road NE

Salem OR 97305

503-856-9700

Wednesday 5:30pm-7:30pm

Salem

503-362-3983

Daily to-go breakfast 6:30am

Daily to-go lunch 12:00pm

Daily to-go dinner 5:30pm

Union Gospel Mission

345 Commercial Street NE

Food Assistance: Visit [Summerfoodoregon.org](https://summerfoodoregon.org) to find a location near you.

Oregon Department of Human Services: Benefits and Assistance

(Food, Cash, and Childcare application) https://govstatus.egov.com/or-dhs-benefits/#_apply

Suicide & Mental Health Support Resources



Mid-Valley Resources

Operated by Northwest Human Services (800) 560-5535

Connect with over 500 services by searching online, or call their 24 hour hotline
midvalleyresources.org



Polk County Mental Health

850 Main St. Dallas, OR 97338
 (503) 623-9289 (daytime)
 (503) 581-5535 (evening)



Lines for Life

Youthline (800)273-8255; (877) 968-8491
 Text teen2teen to 839-863
 Chat Online oregonyouthline.org



Mid-Valley Suicide Prevention Coalition

For Polk & Marion Counties
mysuicideprevention.org



Cascade Centers (Employee Assistance Program)

Counseling, wellness, and legal resources: cascadecenters.com
 (800) 433-2320



Military Helpline

(800) 273-8255 (press 1)
 Text: 838-255
 Chat Online: veteranscrisisline.net
 For deaf & hard of hearing (800)

799-4889

Info for Marion County Employees:
tinyurl.com/y4r5p9p2/eap_mc



Marion County Health & Human Services

Psychiatric Crisis Center
 (503)585-4949

Adult Mental Health: (503)588-5351
 Children's Behavioral Health (503)588-5352
 Youth & Family Crisis Services:(503) 578-4673



National Suicide Prevention Lifeline

(800)273-TALK (8255)
 (800) 799-4889
 (800) 628-9454



The Trevor Project

(800) 866-488-7386
 Text **start** to 678-678
thetrevorproject.org

McKay Summer Credit Recovery

Who: All students who have failed a core class

When: Starts June 28- Ends July 28

Days: Monday-Thursday

Sessions: AM session 10-11:30 am| PM session 12-1:30 pm

Where: In person at Waldo Middle School

Why: Get back on track towards meeting graduation requirements during the summer

How to Sign Up: A McKay staff member will contact you to confirm or deny participation during summer. If you aren't contacted, reach out to your Counselor or Behavior Specialist to sign up

Questions about summer school or want to confirm your participation:

Contact Mrs. Lofstedt

Lofstedt_Chelsea@salkeiz.k12.or.us

-Or-

Call 503.399.3080

What you need to know?

- ❖ Transportation provided to those who qualify
- ❖ Breakfast and lunch offered
- ❖ Students take ONE course at a time
- ❖ Bring your Chromebook
- ❖ Courses will accessed through CANVAS
- ❖ **AP and Honors courses not available during summer school**

Classes offered:

English 9-12
Algebra I
Geometry
Advanced Topics
Financial Topics
Biology

Physics and Chemical
Systems
Forensic Science
Marine Science
World Geo/World Social
Science
20th US History

Economics
US Government
PE
Wellness I and II
ELD 1
ELD 2

Recuperación de crédito de verano de McKay

Quién: Estudiantes que han reprobado una clase

Cuándo: Comienza 28 de junio- Termina 28 de julio

Días: Lunes-Jueves

Sesiones: Sesión de la mañana 10-11:30 am| Sesión de la tarde 12-1:30 pm

Dónde: Instrucción en persona en la Escuela Waldo

Porque: Trabaja en la recuperación de créditos para cumplir con los requisitos de graduación.

Cómo registrarse: Un miembro del personal de McKay se comunicará con usted para confirmar o negar su participación durante el verano. Si no se comunica con usted, comuníquese con su consejero o especialista en comportamiento para registrarse

Para preguntas sobre la escuela de verano o desea confirmar su participación :

Contacte a la Sra. Lofstedt
Lofstedt_Chelsea@salkeiz.k12.or.us

-O-

Llame al 503.399.3080

¿Qué necesitas saber?

- ❖ Transporte proporcionado a aquellos que califiquen
- ❖ Se ofrece desayuno y almuerzo
- ❖ Los estudiantes toman UN curso a la vez
- ❖ Trae tu Chromebook
- ❖ Se accederá a los cursos a través de CANVAS
- ❖ **Los cursos AP y de Honores no están disponibles durante la escuela de verano**

Clases ofrecidas:

Inglés 9-12

álgebra I

Geometría

Temas avanzados

Temas financieros

Biología

Física y sistemas

químicos

Ciencia forense

Ciencia Marina

Geografía mundial /

Ciencias sociales

mundial/Ciencias

Sociales mundiales

Historia del los

Estados Unidos

Ciencias economicas

Gobierno de los

Estados Unidos

EDUCACION FÍSICA

Bienestar I y II

ELD 1

ELD 2

FREE SUMMER PROGRAMS

Academic Growth:

Engineering for the Cascadia Earthquake

Grades: 9-12

Dates: August 9-August 20

Location: CTEC

Description: (0.5 credit) Each of the activities would expand students' understanding of Civil Engineering and Material Science through hands-on engagement and demonstrations. The Goal of the summer camp would be to engage students in the engineering process and promote further interest in CTE and engineering disciplines.

Outdoor Science #1

Grade: 9-12

Dates: June 28-July 9, 2021

Location: North Salem High School

Description: (0.5 credit) Students will discover and learn through hands-on scientific investigation. Topics include: Plant and flowering identification, Botany field work, aquaculture, fish hatchery and salmon habitat.

Outdoor Science #2

Grade: 9-12

Dates: July 26-August 6

Location: North Salem High School

Description: (0.5 credit) Students will discover and learn through hands-on scientific investigation. Topics include: Identification of Oregon species and non-native species and how that relates to the Oregon ecosystem. Service Learning through invasive species removal. Oak Savanna restoration study. Water testing, soil sampling, flora and fauna identification.

Forestry Camp for High School

Grades: 9-12

Dates: June 28-July 9; July 12-July 23

Location: North Salem High School

Description: (0.5 credit) Forestry Field Camp is a four-week adventure into Oregon's forests. Get outside and learn the skills and techniques scientists and professionals use to study woodland environments. Explore the ecological, social, and ecological values forests provide through hands-on activities. Use multiple media to document and share your experiences.

Writing for College, Career, and Civic Readiness

Grade Level: 9-12

Dates: June 28-July 9; July 12-July 23

Location: McNary High School

Description: (0.5 credit) The goal of this camp is to help students learn how to verify credible sources to support their opinions in writing on topics of world, national, and local interest. This goal will support students in their writing and reasoning skills.

Career and Technical Education (CTE)**Robotics Camp**

Grade Level: 9-12

Dates: June 28-July 9; August 9-August 20

Location: North Salem High School

Description: 0.25 credit) Robotics Camp will utilize robotics to explore the realms of science, technology, engineering, and math. Working with the VEX robotics platform, campers will design, build, and program autonomous and remote-controlled robots to experience challenges and participate in competitions.

Performing Arts**High School Band Camp**

Grade Level: 9-12

Dates: August 9-August 20

Location: North Salem High School

Description: (0.25 credit) Get your CHOPS back! Let's be honest....none of us played our instruments enough during the 20-21 school year. Regardless of the shape you are in, join us for 2 weeks of remembering what we loved about band way back when. We will have some fun, make some friends and most importantly make some music together. Focus will be on Concert and Marching Band, technique building, and listening skills.

High School Percussion Camp

Grade Level: 9-12

Dates: August 9-August 20

Location: North Salem High School

Description: (0.25 credit) All things Percussion! Marching, concert, and drum set. (This camp is designed for students currently enrolled in a school band program.)

High School Theatre: Acting

Grade Level: 9-12

Dates: June 28-July 9; July 12-July 23

Location: McNary High School

Description: (0.5 credit) Through a partnership with Salem's Enlightened Theatrics, students will be immersed in the science and beauty of comedy in Shakespeare's A Midsummer Night's Dream. While the goal is an outdoor, free performance, emphasis will be on the process and fun of acting. (It's a pandemic, y'all. We just don't know the future.) Students of all experience levels are encouraged to enroll! (Note: this camp runs three sessions.)

High School Theatre: Tech

Grade Level: 9-12

Dates: June 28-July 9; July 12-July 23

Location: McNary High School

Description: (0.5 credit) Through this partnership with Salem's Enlightened Theatrics, students of all skill levels will explore the creative world of Tech Theatre, including a state of the art, LED lighting system. While the goal is an outdoor, free performance, emphasis will be on the process and fun of designing sets, lights, sound, costumes and makeup in technical theatre. Students of all experience levels are encouraged to enroll in this hands on, creative technical theatre camp. (Note: this camp runs three sessions.)

Theater Discoveries!

Grade Level: 9-12

Dates: August 9-August 20

Location: North Salem High School

Description: (0.25 credit) This interactive theater camp provides opportunities for high school students of all skill levels to explore a variety of theater topics taught by guest artists including acting, technical theater, stage combat, and dance in active, hands-on rotating workshop formats. Offered in partnership with the Children's Theater Foundation and Salem-Keizer theater teachers, we encourage you to discover something new! ALL are welcome – no theater experience is necessary.

Registration Link: <https://mckay.salkeiz.k12.or.us/free-summer-programs-2021/>

-Find your program of interest and click the link below the description to register.

SALEM SALON | 'BETTER TOGETHER'

JULY, 1 – 31, 2021

The Salem Salon is back! After more than a year of not seeing one another, or even worse, not seeing any art, this year's Salem Salon, a non-juried, community art exhibition, is back! The Salon is one of our most popular exhibitions. After the success of The Young Artists' Showcase in May, this show has a special 'Youth Art' section, where we encourage artists from the ages of 15 – 20 to bring us their work.

Salem Art Association (SAA) invites artists in Marion, Polk, and Yamhill Counties to participate in our summer exhibition – SALEM SALON –BETTER TOGETHER

IMPORTANT DATES

ART DROP-OFF:

WEDNESDAY, JUNE 23 – SATURDAY, JUNE 26 | 10 AM – 2 PM BY APPOINTMENT ONLY

VIRTUAL AWARDS & TOUR:

SATURDAY, JULY 17| BEGINNING AT NOON ON SAA WEBSITE

ART PICK-UP:

WEDNESDAY, AUGUST 4 – SATURDAY, AUGUST 7| 10 AM – 2 PM BY APPOINTMENT ONLY
SAA is not responsible for artworks remaining 30 days after the final pick-up date

Entry Form Download:

<https://salearm.org/events/the-salem-salon/>

Salem Art Fair & Festival Gone Virtual

July 16th-July 25 2021

With much optimism, the Salem Art Association looked forward to holding an in-person Salem Art Fair & Festival for 2021. However, in the interest of keeping artists and community members safe, and because of the anticipated continued restrictions on large festival gatherings due to Covid-19, the 72nd annual Salem Art Fair & Festival will return as a virtual event for 2021.

Please check back for updates.

(<https://saalemart.org/events/salem-virtual-art-fair/>)

Salem Art Fair & Festival is an honored 72-year-old event that is one of the largest of its kind in the Pacific Northwest and draws artists from around the country. The Salem Art Fair has an outstanding reputation among participants and visitors alike, attracting 35,000 attendees annually.

MARKETS

Saturday Pottery Sale

JUN 12, JULY 10, AUG 07, OCT 02, OCT 30th, 2021.

9AM-3PM

Our pottery is created by our patrons of all skill levels. The Willamette Art Center is about art education, opportunity, and betterment of our community. Please help us by purchasing our large selection of pottery.

Parking Lot adjacent to Lee Apartments

555 Winter St NE

Salem, OR 97301

503-931-5200

www.willametteartcenter.com

Stayton Farmers Market

Wednesday's (Starting JUNE 23rd)

3PM-7PM

Stayton Farmers Market - Wednesdays - 3-7pm Local farmers and vendors coming together to sell fruits and vegetables, meats, eggs, flowers, coffee, baked goods and more. Come and support your Stayton community!

Downtown Stayton - Corner of Third Avenue & Florence Street.

300 E Florence Street

Stayton, OR 97383

503-73-5784

www.downtownstayton.org

Salem Farmers Markets

<https://www.salemcommunitymarkets.com/>

Saturday Market (March 6-October 30)

9AM-3PM

865 Marion St NE, Salem

Mondays Hospital Market (May 3-Sept 27)

9:30AM-1:30PM

Rehabilitation & Physical Therapy Building M

755 Mission Street
Salem Hospital Campus

Thursdays W. Salem Market (May 6-Sept 16)

9:30AM-1:30PM

1260 Edgewater St NW, Salem, OR

Greenway between Gerth St & Kingwood Ave

HOOPLA XXII: Basketball Tournament Downtown Salem

AUG 7-8

Friday, 4/30: Team Registration opens (<https://oregonhoopla.com/>)

Monday, 6/21: "Early Bird" Registration deadline (save \$20/team!)

Thursday, 7/22: Hoopla XXII Team Registration deadline

Tuesday, 8/3: Kona Ice Friday 2x2 Tourney Team Registration deadline

Salem Public Library

Teen Advisory Board 2021-2022 (Applications open until July 13, 2021)

- Interested in being involved in the Salem Public Library Teen Scene?
- TAB is a leadership development program for middle and high school students.
- Members help with programs and events, raise funds, read and review Advanced REader Copies for upcoming books, and take on projects to improve the library.
- For application and more information:
 - <https://bit.ly/2021-TABapp>

Events this Summer

- Summer Reading Program (June 1- August 31)
 - Like to read? Join the Salem public Library reading club.
 - Read or listen to books/stories all summer
 - Track your time on <https://cityofsalem.beanstack.com/>
 - Win prizes!
 - 1 prize drawing ticket per hour reading or listening for the first 20 hours.
 - Prize drawings:
 - Last day for tickets August 31, 2021
 - Winners announced/Prizes available Tuesday, September 7
- What do you Know? Teen Trivia Night

- Thursday, June 24 6:30-8p.m. on Zoom
- Sign up at <http://bit.ly/Trivia-June24>
- Bucket of Words Teen Writing Group
 - Friday, June 18 4-5:30pm on Zoom
 - Friday, July 16 4-5:30pm on Zoom
 - Meetings include writing prompts for individual or group writing and option time for sharing.
 - Interested? Sign up at <http://bit.ly/SPLbucket2021>
- Teen and Adult Art Contest
 - Enter July 1-August 15
 - Public Voting on the Top Ten: August 25-September 1
 - Teen and adults are invited to submit images of original artwork this summer. All media are accepted.
 - Cash Prizes!!!
 - \$50 first place
 - \$20 second place
 - \$10 third place
 - Contest rules available July 1 at www.salemlibrary.org
- Virtual Teen Talent Showcase
 - Thursday, August 5, 2021 6pm -will premiere on YouTube
 - Teen scene will premiere videos submitted by local teens sharing their best talent.
 - Middle and high school aged musicians, dancers, singers, magicians, jugglers and more are invited to submit their videos.
 - Entries must be received by Saturday, July 17 to be considered for the showcase.
 - Send link entries to ssomerville@cityofsalem.net with your name, age, and school information.

VOLUNTEER OPPORTUNITIES

Why Volunteer Over Summer?

-Getting involved in your community is a great way to impact the lives of people around you. You could learn skills such as organization, time management, communication, empathy, etc. Providing proof of volunteering in your community can boost your college and/or career applications, help you gain knowledge in an area that interests you, connect you with established individuals in the community who can offer referrals or recommendations.

Salem-Keizer Unified Summer Program

SPECIAL OLYMPICS UNIFIED CHAMPION SCHOOLS

What? Inclusive sports-centric activities where you partner with student with and without disabilities

When? June 29th-August 5th; Tuesdays and Thursdays 9Am-12PM

Where? North Salem High School: Athletic Fields and Facilities

Who? Salem-Keizer students grades 9-12: includes incoming freshman and graduating seniors

REGISTER: www.salemkeizerunifiedchampionschools.com/summer-program

Become a Board Member of a Student-led Non-Profit

LIVE TO TELL

As a registered nonprofit run by high school students, we work for the youth of Salem-Keizer. As policies are being created in the community to address suicide prevention and mental wellness for students, it's imperative that we, as those being affected by these policies, have a voice in the discussion.

Live To Tell works not only to be a voice for students, but also to help students learn how to help. Through events, school policies, and clubs, we are fostering a dialogue around these issues in order to end the stigma and foster an understanding school environment.

Apply at: <https://livetotellnonprofit.org/apply/>

Volunteer at a Historic Theatre

HISTORIC ELSINORE THEATRE INC

170 High Street, Salem, OR, 97301

Are you looking for an exciting opportunity to gain work experience in the theatre?

Are you a team player with a "can-do" attitude?

Are you available to volunteer occasionally on evenings and weekends?

Are you looking to become a part of a vibrant community in making Salem awesome?

Are you able to commit yourself throughout the next year?

If the answer to all of the above is "YES" then we want YOU"!

The Elsinore Theatre is looking for volunteers who have a great smile and a positive attitude to assist us with ushering, concessions, box office, and a variety of roles. Some of these positions are daytime and others are on evenings and weekends. Whether you can help out once per week or once per month, we want YOU to be a part of the excitement and new vision.

REQUIREMENTS

- Must be at least 16
- Orientation or Training
- 4 hours/wk is average - will consider 6 hours/mth
- Team player, Independent worker, Manage people, Fast learning/reacting

Food Repack Volunteering

MARION POLK FOOD SHARE

1660 Salem Industrial Drive NE Salem, OR, 97301

Thanks to community members like you, we can continue to provide food to our network of Food Pantries throughout Marion and Polk counties.

Warehouse volunteers support our warehouse team in the following areas:

Actions Center: sort and repack donated food into family sized amounts for our partners.

Retail Recovery: Sort and repack fresh produce, dairy products, and refrigerated items donated from local grocery stores to ensure only the highest quality food is distributed to our neighbors.

Order Assembly: Assemble orders of food for our partners by locating, tracking, and stacking cases of food onto pallets.

Due to COVID-19, we've limited our shift sizes to allow for social distancing and we require volunteers to commit to a regular, weekly shift to limit the number of individuals staff and volunteers have regular contact with.

At this time, all of our shifts are filled and we are creating a list of volunteers to contact when new shifts become available. If you would like to learn more about our on-going volunteer opportunities and be added to the list please let us know!

REQUIREMENTS

Must be at least 16

We require that volunteers commit to a regular, weekly volunteer shift. All Shifts are three hours and shifts are available Monday through Friday

Gilbert House Volunteer Opportunities

<https://acgilbert.org/>

Requirements

Background Check

Must be at least 15

Orientation or Training

These week-long camps split into two shifts: 8 am-1 pm and Noon-5 pm. Volunteers commit to either the AM or PM shift then show up every day for that shift. Feel free to choose both shifts if you can commit to all day for the five days.

There will be a mandatory training on June 30

Camps to volunteer at:

WEEK 1: July 5-9 Artist Camp

WEEK 2: July 12-16 Zoology Camp

WEEK 3: July 19-23 Magician Camp

WEEK 4: July 26-30 Engineer Camp

WEEK 5: Aug. 2-6 Wacky Scientist Camp

WEEK 6: Aug. 9-13 Superhero Camp

WEEK 7: Aug. 16-20 "Best Of" Camp

If this sounds like a good opportunity please email outreach@acgilbert.org for more information.



HAVE A GREAT SUMMER

GO SCOTS