

Your one-stop-shop for pre-health news and updates!



## On Campus Highlights

- The final **Women in Leadership Forum** will be held on **2.25 in Franz 120 at 6pm**. The speaker will be Katie Hughes, a UP alumnae and Director of the program Girls Build. You may recognize the organization from their projects on campus each summer.

## Are you Taking an Entrance Exam This Year?!

**MCAT? DAT? GRE? PCAT? OAT?**

If you are taking any entrance exam in the next year please [email Becca](#) and let her know the date you register for and the test you are taking so we can add you to the **Pre-Health Testing Calendar!** We want to cheer you on as you study and help you find other people who are working towards the same goals to connect with this year. We also want to celebrate with you when you're done - and we don't know when you're taking these tests unless you let us know!

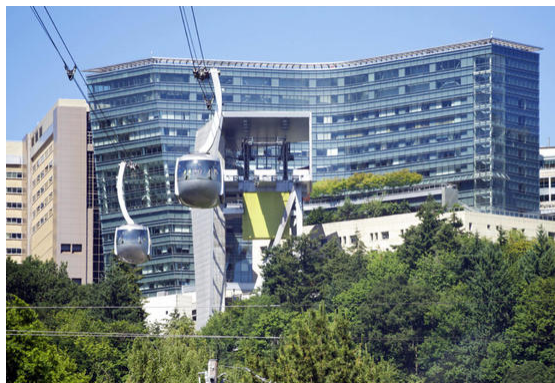
## 2021 AMCAS Cycle Important Dates

- The 2021 AMCAS cycle will open for applicants to begin completing their application on Monday, May 4, 2020 at 9:30 a.m. ET.

- Applicants will be able to submit their applications to AMCAS for processing beginning Thursday, May 28, 2020 at 9:30 a.m. ET.
- AMCAS will begin transmitting applicant data to medical schools on Friday, June 26, 2020 at 7:00 a.m. ET.

## Off Campus Highlights

- **OHSU ASDA is hosting Dive into Dentistry 2020 for pre-dental students.** Discover dentistry by acquiring hands-on experience in crown preparation, diagnostic impressions, cast fabrication, diagnostic wax-up, and anterior restoration. [The event is taking place Friday & Saturday, April 10th & 11th 2020 at OHSU's Collaborative Life Sciences Building \(2730 SW Moody Avenue\).](#)
- **Casa de Esperanza** is a non-profit in Houston, Texas that provides residential care to children birth through six who are in crisis due to abuse, neglect, or the side effects of HIV. [They are currently looking for Interns \(this is a 12 month post graduation internship\)](#)
- **The Coalition of Community Health Clinics (CCHC)** is a non-profit organization dedicated to improving access to high-quality, culturally and linguistically appropriate health services for low-income and other underserved community members in the Portland-metropolitan area. [They are looking for a Data and Events Coordinator for a paid summer internship!](#) Questions? [Contact Ritwika Petluri](#) for more information.
- **Ecela Spanish** will be hosting a virtual open house about their [Spanish and Medicine Study Abroad program on Feb 20th at 7pm](#)
- **Dental3 (D3)** is a non-profit organization that provides preventative dental services in community settings to children with low-incomes. They are hiring for a [Community Oral Health Assessment intern](#)
- **OHSU Med** will host "So You Want to be a Physician?" MD Program Information Day Friday March 6th from 1pm - 5:30pm. [Registration is required for this event.](#)
- **Roseman Univeristy College of Dental Medicine** will host their annual sponsored [Simulation Course for pre-dental students April 17th - 18th, 2020 in Sourth Jordan, UT](#)
- **Non-profit organization Outreach360** has openings for [Pre-Health Interns](#) to join us in the Dominican Republic this summer for a 4 or 8 week volunteer internship. Interns will be leading a science/health camp for underserved students
- **The Office of Diversity and Inclusion at Georgetown School of Medicine** would like to invite current sophomore and junior students to apply to be a part of their cohort of fellows for the [2020 Dean of Medical Education's Academy for Research, Clinical and Health Equity Scholarship program](#) at Georgetown. Spend you summer shadowing physicians, engaging in independent research and learning about their health equity in the Washington DC area. **Application Deadline 2.26.2020**



## Alumni Spotlight

[Josh Colasurdo](#) is a 2018 UP graduate who recently applied and has been accepted to several medical schools across the country. While Josh was at UP, he worked as an organic chemistry workshop leader

and as a teaching assistant for Human Physiology and A&P I/II. As an undergraduate, he was also able to complete an internship experience in rural medicine that allowed him to receive credit toward his degree. After graduation, he began work as a full-time medical scribe before transitioning into a medical informatics and clinical epidemiology research position at OHSU. Josh is also currently involved as a health volunteer at a local homeless hospitality center and in a leadership position at a student-run health clinic. We wish Josh all the best on his continued journey to becoming a physician...we know you will continue to do great things!



## Today in the Know

Check out this week's article about a new study in the health benefits of staying active!

[Skiers Study Suggests Fitness May Stave Off Parkinson's](#)

## Test Prep Question of the Day

This week's test prep question comes from the DAT:

The  $^1\text{H}$  NMR spectrum of an unknown compound shows the following signals: triplet, quintet and triplet (relative integrals 1:2:3, respectively). Which compound is consistent with this data?

- A. 1,1-dibromopropane
- B. 1,2-dibromopropane
- C. 1,3-dibromopropane
- D. 2-bromopropane
- E. 1,1-dibromoethane

*Answer is at the very bottom of the Newsletter!*

## Questions? Concerns? Need an Advising Appointment? Contact Us!

Becca Henley, Academic Program Counselor CAS, Pre-Health Advisor

Dr. Kyle Flann, Biology Faculty, Pre-Health Advisor

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[OAT Question Answer: A](#)

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