

# RESOURCE GUIDE FOR STUDENTS

## PRIMARY CONTACT DEAN

Every student is assigned to a Primary Contact Dean (PCD), based on the student's last name. Primary Contact Deans are a good source of information and can answer questions big and small.

If you are a current student who still has unanswered questions and you need additional support or questions answered, please contact your [Primary Contact Dean](#).

## ACADEMIC SUPPORT

- Take advantage of Tutoring Services, Academic Coaching, and General Academic Advising by reaching out to Laura Kotovsky, [lkotovsk@scrippscollege.edu](mailto:lkotovsk@scrippscollege.edu).
- Schedule a virtual meeting with your Academic Advisor or your Primary Contact Dean.
- To begin the Academic Accommodations process, reach out to Bianca Vinci, Assistant Director of Student Accessibility and Support Services: [bvinci@scrippscollege.edu](mailto:bvinci@scrippscollege.edu).

## FINANCIAL AND OTHER SUPPORT

Students with financial needs should work with their PCDs to discuss funding options.

- [The Student Emergency Fund](#) provides financial assistance to Scripps students who experience a temporary financial hardship resulting from an emergency or crisis situation.
- Financial Aid is available to work with students on an individual basis. Students should email Financial Aid [finaid@scrippscollege.edu](mailto:finaid@scrippscollege.edu) or visit [Financial Aid](#) at for more information.
- For questions regarding Students Accounts, students can email Estefany Gutierrez-Castellanos at [egutierr@scrippscollege.edu](mailto:egutierr@scrippscollege.edu) or visit [Student Accounts](#).
- Tech Support: Questions can be submitted to IT at [help@scrippscollege.edu](mailto:help@scrippscollege.edu) or call (909) 607-3406.
- For tech issues regarding laptops and wifi access, contact Deb Gisvold at [dgisvold@scrippscollege.edu](mailto:dgisvold@scrippscollege.edu).

## OFFICE OF CASE MANAGEMENT

The College's Off-Campus Referral Program provides access to mental health resources and assists with fees for students needing financial assistance. Beginning in the fall, there will be no cap on the number of counseling sessions for students served by this program, which will now also provide qualifying students with financial assistance to cover fees for out-of-state providers. The program provides referrals for any Scripps student needing help locating a counselor in their area. Many counselors are providing online and remote therapy options during the pandemic. Please click on [this link](#) to inquire.

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## CRISIS AND SUPPORT RESOURCES

It is important to stay connected and rely on each other during times of uncertainty or crisis. Odds are that there are others who share similar concerns. Sometimes naming what you feel helps provide perspective and makes it feel less scary or big. If you need additional support or don't know who to contact, here are some additional local and national resources:

- Dean on-call: Call Campus Safety at (909) 607-2000 and ask to speak to the Scripps on-call Dean.
- Monsour Counseling and Psychological Services (MCAPS): (909) 621-8202. For after-hours emergencies, call the number listed above and dial "1" when prompted to be connected with an on-call therapist.
- National Suicide Prevention Lifeline: (800) 273-8255
- Project Sister 24/7 Hotline: (909) 626-4357
- Trevor Project: LGBTQ: 1 (866) 488-7386 suicide hotline for LGBTQ youth.
- The LiveSafe app is available for non-emergencies: [Download the LiveSafe app](#)

### Title IX

Scripps has a Title IX team dedicated to removing barriers to our community members' success. This includes providing prevention education, support resources, and sexual harassment reporting policies and procedures. Email: [titleix@scrippscollege.edu](mailto:titleix@scrippscollege.edu)

Website: [scrippscollege.edu/titleix/](https://scrippscollege.edu/titleix/)

Phone: (909) 607-7142

### The EmPOWER Center

The EmPOWER Center addresses sexual assault, dating/domestic violence, and stalking through 7C-wide educational programming and confidential support to students impacted by these forms of violence. These services are free, unlimited, open to all 7C students, and there is no waitlist.

- Phone/Doxy.me sessions with a Project Sister Family Services counselor located at EmPOWER: To schedule, please call (909) 607-0690.
- Phone/Zoom sessions with the EmPOWER Director, Rima Shah (she's a confidential advocate): To schedule, please call (909) 607-2689 or email [rshahempower@claremont.edu](mailto:rshahempower@claremont.edu).

**Scripps Advocates Hotline:** (909) 214-2138

### 7C.Health

[7C.Health](#) provides 24/7 medical and counseling telehealth services and includes crisis support.

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## EQUITY AND INCLUSION RESOURCES

SCORE: (909) 607-7929

Queer Resource Center: (909) 607-1817

Office of Black Student Affairs: (909) 607-3669

Chicano/Latino Student Affairs: (909) 621-8044

Office of Chaplains: (909) 621-8685

## 7C RESOURCES AND SUPPORT

Campus Safety: (909) 607-2000

Monsour Counseling and Psychological Services (MCAPS): (909) 621-8202

Student Health Center: (909) 621-8222

The EmPOWER Center: (909) 607-0690

Student Disability Resource Center: (909) 607-7419

## 7C.HEALTH

The Claremont Colleges have contracted with TimelyMD, a provider of online medical and counseling services to offer a telehealth option to all TCC students—undergraduate and graduate—at NO COST, in order to expand and supplement services currently available at Student Health Services and Monsour Counseling and Psychological Services (MCAPS).

**7C.Health offers the following unlimited free visits with student-focused, licensed physicians and counselors:**

- 24/7 access to on-demand medical care
- 24/7 access to TalkNow emotional support
- Accessible from any location within the United States on any smartphone or web-enabled device
- This is a pilot project that will be available to students until the end of the semester

**To use 7C.Health services, students should:**

- Visit [7C.Health](#) online or
- Visit the Apple or Android stores to download the free TimelyMD app