

Health Safety & Environment Department LTBs Digest 2017

- 17LTB002 Health Safety & Environment Department LTB's Digest for 2016
- 17LTB007 Safe and Well December 2016
- 17LTB026 Is Personal Protective Equipment (PPE) fit for women? Motion 56 - General Conference 2016
- 17LTB031 Judith Grant Royal Mail Group Head of Occupational Health and Wellbeing Resignation
- 17LTB055 Drivers Using Mobile Phones while Driving will Receive Six Penalty Points and a £200 Fine from March 1 As Penalties Double in Government Road Safety Clamp Down & Police Launch National Campaign
- 17LTB065 Safe & Well – January 2017
- 17LTB068 HSE Report - Work Related Stress, Anxiety and Depression Statistics in Great Britain 2016
- 17LTB073 TUC/HSE Guidance & Advice For Trade Union Health & Safety Reps on Tackling Work-Related Stress
- 17LTB083 Royal Mail Group Safety Health & Environment Team/CWU and Unite CMA ASRs Regional Events - (Fix Focus & Grow FFG)
- 17LTB088 Royal Mail/CWU Quarterly Road Safety Week, 20 —24 February 2017 - Focus on Handbrake Safety and Avoiding Vehicle Roll Away Accidents
- 17LTB089 BT fined £26,000 for Dangerous Roadworks That Put Public in Danger
- 17LTB090 Motion 139 (2015) – Royal Mail Managers Bonus Payments Linked to Accident on Duty Statistics
- 17LTB097 Royal Mail Group Safety Health & Environment Team/CWU/Unite CMA 'Fixed Focus & Grow' (FFG) (Events/Meetings For Logistics & Commercial ASRs (Including Logistics, Fleet, Engineering, International, PFWW, RMSS etc)
- LTB099/17 Seven Health Checks Men Must Do
- LTB100/17 Parcelforce Worldwide - Safety Climate Survey of Selected Depots (LDs)
- LTB101/17 "Wheel Sentry" - Combined Wheel Nut Indicator and Retainer System Trial on 7.5t Royal Mail Fleet:
- LTB103/17 Royal Mail - Mk 4 Parcel York Container Trial - Health, Safety, Ergonomic and Training Documentation & CWU ASR Involvement Joint Statement
- LTB104/17 Royal Mail Fleet Wheel Security Policy (V5 Oct 16)
- LTB111/17 Mental Health Foundation New Series of Short Guidance Publications – (The 'How to' Series) – on Stress, Anxiety, Mental Health and Sleep
- LTB112/17 TUC and CWU Hits out at Plans to Stop Injured Workers and Motorists Claiming Legal Costs
- LTB113/17 DFS Fined £1m Following Worker's Neck and Head Injuries – Warning to all Large National Employers Such as Royal Mail, BT, Capita, POL etc., on Health and Safety
- LTB115/17 Mental Health for Health and Safety Professionals Conference Organised by the BMA on Thursday May 11 2017
- LTB118/17 Safe & Well – February 2017
- LTB124/17 Sun Exposure At Work Could Lead To One Skin Cancer Death A Week - New British Journal Of Cancer/Imperial College London Report Findings Published
- LTB127/17 Workers Memorial Day 2017 - Friday 28 April 2017 "Good Health & Safety For Workers"

- LTB128/17 Last Chance to Book! Doglaw for Professionals 2017 Update on Dangerous Dogs Seminar - London 6th March 2017
- LTB132/17 HSE Asbestos Survey Guide HSG264 & HSE Managing Asbestos in Buildings Guide INDG223.
- LTB133/17 KFC Fined £1M After Two Young Workers were Burned – Another Warning to All Large National Employers Such as Royal Mail etc
- LTB134/17 £84m Awarded by Diffuse Mesothelioma Payment Scheme (DMPS)
- LTB135/17 Royal Mail CDV Van Gunpoint Hijacking in Hull Today
- LTB136/17 HSE Guide - The Health and Safety Toolbox - How to Control Risks at Work (HSG268)
- LTB137/17 HSE Guide – Managing for health and Safety (HSG65)
- LTB139/17 HSE Guide - Risk Assessment, A Brief Guide to Controlling Risks in the Workplace (INDG163)
- LTB141/17 Royal Mail Group SHE/CWU Joint Regional FFG Events 7th, 8th & 9th March (This Week) Final Reminder
- LTB142/17 Safety Prosecutions – Sentencing at Last Recognises Gravity of Safety Breaches
- LTB146/17 Royal Mail Group (RMG) Safety Health & Environment (SHE) Standard 18.1 & Guidance “Health & Safety Audit Programmes & Compliance Reporting” – 2016/17 Completed Health & Safety Audits
- LTB151/17 Royal Mail Group Safety Health and Environment Team Re-Organisation Supporting RM Operational Move from Three to Four Regions - From 01.04.17
- LTB163/17 National Hazards Conference 2017 - Friday 28th to Sunday 30th July 2017, at Keele University, Stoke-on-Trent, Staffordshire: Organising Health, Safety & Welfare in an Insecure World
- LTB165/17 Prostate Cancer Awareness Campaign 2017
- LTB173/17 Suicide Statistics in the UK – 2016 Reports from “The Samaritans and The Office for National Statistics”
- LTB 174/17 Safe & Well – March 2017
- LTB175/17 Suicide by Occupation in England: 2011 to 2015 – Office For National Statistics (ONS) Report Published March 2017
- LTB177/17 Mental Health First Aid (MHFA) Training Courses (2-Day)
- LTB178/17 “PAPYRUS” – National Charity For The Prevention of Young Suicide
- 17LTB201 Workers' Memorial Day 2017 - CWU Special Posters: “Good Health And Safety For All Workers Whoever They Are”
- 17LTB204 New Tobacco and Related Products Regulations 2016 - Coming into Force Monday 20 May 2017 - New Rules On E-Cigarettes and E-Liquids - What You Need to Know
- 17LTB210 Royal Mail Group Property & Facilities Week - W/C 17th April 2017: (Awareness Raising of PiC Roles and Responsibilities, New Site Log Book and Integration of Romec, Forming RM Property & Facilities Management)
- 17LTB212 Workers' Memorial Day Events - Friday 28 April 2017
- 17LTB216 Royal Mail Private Prosecution Success - Owner Fined £1080 (Inc. Costs) After Dog Attack on Postman in Llanllwch (SA31 – Swansea Postcode Area)
- 17LTB229 CWU Conference 2017 – Health & Safety Fringe Meeting Monday 24/4/17 “Better (Health, Safety & Environment) Regulation – Better for Who?” – Guest Speaker Professor Steve Tombs

- 17LTB231 General Election 2017 – Labour Party Policy & Election Manifesto – Health and Safety
- 17LTB233 CWU Greater Mersey & SW Lancs Amal Branch Health and Safety Reps Win Wirral Council ‘Mind Your Business’ Road Safety Awards 2017
- 17LTB234 Safe & Well – April 2017
- 17LTB235 The UK Work Stress Network Annual Conference 2017 - Hillscourt Conference, Centre, Rednal, Birmingham B45 8RS - Saturday 25th & Sunday 26th November 2017 *"Challenging Poor Employment Practices - Work-Stress In An Increasingly Demanding Work Environment"*
- 17LTB237 CWU Conference 2017 Health and Safety Fringe Meeting Monday 24/4/17 “Better (Health, Safety & Environment) Regulation – Better for Who?” – Guest Speaker Professor Steve Tombs
- 17LTB238 Royal Mail LED Lighting Policy & Roll-Out - Health and Safety Concerns
- 17LTB241 Royal Mail Group - Person In Control (PiC) Health and Safety Role and Duties
- 17LTB242 BT Fined £6,000 for Dangerous Roadworks Safety Failures After Failure To Set Up Essential Safety Measures
- 17LTB243 RoSPA Top Safety Award for CWU National Health and Safety Officer
- 17LTB258 Motion 22 Telecoms and Financial Services Conference
- 17LTB260 Mental Health Awareness Week 8-14 May 2017
- 17LTB261 Royal Mail Group – Road Safety Communication Campaign May 2017 Safety First “Vulnerable Road Users” – “put yourself in their shoes”.
- 17LTB306 Royal Mail Group – Safety, Health & Environment (SHE) Deployment Plan 2017/18 – (New/Revitalised SHE Standards Planned, Engagement Campaigns & SHE Activities)
- 17LTB307 General Election 2017 - Labour Party Policy & Election Manifesto – Health and Safety
- 17LTB308 60 MPH Road Work Guarding Project
- 17LTB310 Safe & Well – May 2017
- 17LTB315 More Than Women's Issues - New Work Foundation Report Calling For An End To Workplace Taboos Surrounding Women's Reproductive and Gynaecological Health Conditions
- 17LTB321 Safety & Health Expo 20-22 June, 2017, ExCeL London, Supported by IOSH, RoSPA, IIRSM, BOHS and British Safety
- 17LTB323 National Blood Week - 19 – 25 June 2017 – Theme “Save Someone’s Life Whilst Going About Yours”
- 17LTB325 Withdrawal of CBRNE (Chemical, Biological, Radiological, Nuclear & Explosive) Detection Equipment from Mail Centres
- 17LTB326 Men’s Health Week – 12th – 18th June 2017
- 17LTB327 Royal Mail Security Response To Recent Terrorist Events And Government ‘Critical’ Threat Level
- 17LTB328 BT Security Response To Recent Terrorist Events And Government ‘Critical’ Threat Level
- 17LTB332 National Hazards Conference 2017 - Friday 28th to Sunday 30th July 2017, at Keele University, Stoke-on-Trent, Staffordshire: Theme: "Organising Health, Safety & Welfare in an Insecure World": [Hazards 2017 - Supported & Sponsored By The CWU - This Year Includes A Special Dangerous Dogs Campaign Seminar]
- 17LTB333 Health and Safety Fines Rise By 148%

- 17LTB334 New TUC Guide – “Gender in Occupational Health & Safety” Published to help health and safety reps keep both men and women safe and Healthy at Work
- 17LTB335 £700,000 Fines and Costs for Parcel & Express Mail Company DHL and JCB after Worker is crushed and Nearly Killed
- 17LTB337 Protecting Health and Safety after ‘Brexit’ – ‘Brexit’ puts Worker Health and Safety at Risk
- 17LTB339 Skin Cancer - "Be Sun Smart & Skin Safe"
- 17LTB342 Stay Safe in the Sun – Get to know your skin
- 17LTB344 Royal Mail Group Message To Managers - 'Staying Safe in the Sun' & Severe Weather Risk Assessment For Sun
- CWU "Sun Smart-Skin Safe" Campaign 2017 - Look after your skin and stay safe in the sun
- 17LTB350 Crowded Places Guidance For The UK - New Guidance Published By The 'National Counter-Terrorism Security Office' (NACTSO)
- 17LTB353 New TUC Guide For Health and Safety Reps on How to Keep Both Men and Women Safe at Work – “Gender In Occupational Health and Safety”
- 17LTB354 Safety Industry Urges Prime Minister Theresa May to End Health & Safety Deregulation following Grenfell Tower Fire Disaster
- 17LTB355 Safe & Well – June 2017
- 17LTB358 Sun Poisoning or Severe Sunburn Warning
- 17LTB363 “PAPYRUS” – National Charity For The Prevention of Young Suicide:
- 17LTB264 The EU Six Pack Health & Safety Regulations - CWU Fact Sheet
- 17LTB365 Royal Mail / Communication Workers Union Dog Awareness Week 3-7 July 2017 – 3,000 Postmen and Women Attacked By Dogs Every Year – 7 Every Day! –Press Release:
- 17LTB366 RM Group/CWU Dog Awareness Week 2017 - Mon 3 July to Sat 8 July
- 17LTB378 - 14,500 Attacks On Postal Workers Over The Last Five Years Cwu And Royal Mail launch 2017 Dog Awareness Week
- 17LTB283 External Building Cladding and BT Fire Safety
- 17LTB383 Campaign Against Living Miserably (CALM)
- 17LTB384 Hot MDF Areas in Telephone Exchanges
- LTB388/17 Boston Postwoman Severely Injured In Horror Dog Attack After Being Savaged By Two Dobermans:
- 17LTB392 Royal Mail Group - Fire Safety Week 17 to 23 July 2017 - Campaign to Raise Awareness of Fire Safety Management
- LTB394/17 Royal Mail Group - Road Safety Communication Campaign July 2017 – Safety First - ‘Driver Distractions’:
- LTB 395/17 Royal Mail Official Statistics - Number of Recorded Dog Attacks on Postal Workers - April 2016 to April 2017 By Postcode Area
- LTB397/17 Royal Mail Group (RMG) Safety, Health and Environment (SHE) Standard 2.7 "Management of Dog Attack Risks”
- LTB404/17 The Importance of Workplace Fire Drills - RMG Fire Safety Week
- LTB421/17 CWU’s Work-Related Skin Cancer Drive Recognised by IOSH
- LTB424/17 Safe & Well – July 2017
- LTB426/17 “Dangerous Dogs” for Professionals Seminar – Last Event at Bath Saturday 28 October 2017 - Cooper & Co Solicitors (“Dog Law”)

- LTB 427/17 Dangerous Dog Laws 2017 - New DVD by UK Top Dangerous Dogs Lawyer Trevor Cooper ('Dog-Law' - Cooper & Co Solicitors)
- LTB 428/17 What is the Solution to Dangerous Dogs? - Dog Law Symposiums Announced – Runcorn 13 Nov 2017 & London 19 Feb 2018
- LTB430/17 Work Time Listening and Learning (WTLL) Sessions – Safety Messages & Maximum Number of Items
- LTB431/17 RMG Road Safety Communications Campaign July 2017 – Safety First - Driver Distractions - WTLL Message on PDA Sat/Nav Function Correction:
- LTB 437/17 The HSE Post Implementation Review of the Control of Asbestos Regulations 2012
- LTB441/17 Royal Mail Outdoor Workers – Provision Of Water Bottles or Bottled Water in Hot Weather
- LTB 443/17 HAZARDS CAMPAIGN LAUNCH E-POSTCARD CAMPAIGN: TELL THERESA MAY “ENOUGH IS ENOUGH”
- LTB449/17 Health & Safety Reports From The Courts And New Sentencing Guidance 18 Months On
- LTB450/17 NHS “Cover Up, Mate” Sun Safety Campaign Launched As Skin Cancer In Men Continues To Rise:
- LTB454/17 Royal Mail Electric ‘Zero-Emission’ Vehicles Introduction Update
- LTB458/17 HSE Annual Report 2016-2017 – Health and Safety Crime Fines Rise Substantially, Improvement Notices Rise, But Number of Prosecutions falls
- LTB462/17 Royal Mail Group Environment Focus Week - Mon 28 August to Fri 1 September 2017
- LTB473/17 UK National ‘Organ Donation Week’ 4-10 September 2017 - Please Support The Campaign – Sign Up and Register as an Organ Donor Today
- LTB477/17 Safe and Well - August 2017
- LTB479/17 Launch of Organ Donation Week 4-10 September - Hundreds of Transplants Missed Each Year Because Families Don’t Know What The Deceased Relative Wanted
- LTB480/17 World Suicide Prevention Day Sunday, 10 September 2017 - ‘Take a Minute, Change a Life.’
- LTB488/17 Royal Mail Group - Road Safety Communication Campaign September 2017 – Driver Health Issues - Driver Fatigue/Driving Tired/Driving Drowsy – Stress - Eye Health/Eye Tests and Fitness to Drive:
- LTB499/17 Driver Fatigue and Road Accidents
- LTB500/17 Royal Mail Group - Road Safety Communication Campaign September 2017 – Driver Health Issues - Driver Fatigue/Driving Tired/Driving Drowsy – Stress - Eye Health/Eye Tests and Fitness to Drive: NEW DATE: Week Commencing Monday 18 September 2017
- LTB502/17 Gas Safety Week 2017 - 18–24 September 2017
- LTB503/17 Organ Donation Week 4-10 September - Thank You From NHSBT (NHS Blood and Transplant Service)
- LTB504/17 Dash Cams & Road Safety/Security - Should You Get One
- LTB507/17 Royal Mail Group Head of Occupational Health and Wellbeing
- LTB 508/17 Royal Mail Group - 5-Year Mental Health Strategy – “Healthy Minds Matter”
- LTB 518/17 European Health and Safety Week 2017: Healthy Workplaces for All Ages

- LTB 519/17 Royal Mail - Mk 4 Parcel York Container – Next Steps, Phased Introduction and Prior To National Roll Out (All Offices) – Design, Health, Safety, Ergonomic and Training Aspects
- LTB 521/17 Safe & Well – September 2017
- 17LTB533 Royal Mail Group - Launch of New 5-Year Mental Health Strategy - October Activity - World Mental Health Day 10th October 2017
- 17LTB535 Introduction of Peugeot LE2 Electric 'Zero-Emission' Vans - ASR Involvement and Consultation
- 17LTB536 BT fined £25,000 for Safety Offence and Risking Public Safety
- 17LTB537 World Mental Health Day 2017 – 10th October 2017 – Mental Health in the Workplace
- 17LTB538 TUC CWU National Health & Safety Inspection Day Wednesday of European Health & Safety Week 25 October 2017 TUC CWU Guidance and Royal Mail Support
- 17LTB540 Royal Mail Group "ZAP" (Zero Accidents Programme) Daily Reports to CWU ASRs
- 17LTB541 Compressed Natural Gas (CNG) Motive Unit Trial at Chorley VOC
- 17LTB543 Royal Mail Group - Because Healthy Minds Matter – Mental Health e-Learning Programme
- 17LTB548 The Allan St. John Holt Memorial Health & Safety Lecture – Monday 16th October 2017
- 17LTB553 Greener Jobs Alliance - Free online Courses For Trade Union Reps on 'Climate Change Awareness' and 'Air Quality'
- 17LTB555 Royal Mail Group Environment Management - Waste Report July-August 2017
- 17LTB557 40 Years of Trade Union Safety Representatives
- 17LTB558 Mental Health First Aid (MHFA) - 10th Anniversary Event - 15th November 2017, NEC Birmingham
- 17LTB559 CWU ASRs/RMG SHE Team National FFG - European H&S Week Joint SHE Event, Phoenix Centre, Mount Pleasant, London - Monday 16th October 2017
- 17LTB561 Royal Mail - Panther Easyflex Trainer Style Footwear Trials
- 17LTB568 Royal Mail - Panther Easyflex Trainer Style Footwear Trials Update
- 17LTB569 TUC Campaign Launch - Celebration of 40 Years of Trade Union Safety Representatives
- 17LTB570 Royal Mail Fiat Doblo Van Fire - Urgent Action Royal Mail Fleet Technical Services (TSB) 16/17 Fiat Doblo Fuel Pipe Checks
- 17LTB574 HSE Public Consultation Document (CD285) on Proposed Amendments to the Control of Asbestos Regulations 2012 (CAR 2012) - CWU Response
- 17LTB576 Safe & Well – October 2017
- 17LTB577 Princess Royal Distribution Centre (PRDC) 95 Double Deck Trailer Safety Alert
- 17LTB579 Royal Mail Electric 'Zero-Emission' Vehicles Introduction – Trial Sites Update
- 17LTB580 Sentencing Council Public Consultation on Gross Negligence Manslaughter - CWU Response
- 17LTB584 Royal Mail Lampeter DO (SA Postcode Area) - Death of A Postman Staff Member Due To Legionnaires Disease
- 17LTB586 Royal Mail Fleet Safety Alert - Engine Bay Fires on Fiat Doblo Vans (CDVs)
- 17LTB588 HSE - Fatal Accidents At Work in GB Headline Statistics 2016-17
- 17LTB596 World Diabetes Day – 14TH November 2017

- 17LTB597 Movember Campaign - Highlighting Men's Health Issues - Specifically Prostate Cancer, Testicular Cancer And Suicide Prevention - Help Save Men's Lives Movember - Stopping Men Dying Too Young
- 17LTB598 Pancreatic Cancer Awareness Month November 2017 and World Pancreatic Cancer Day Thursday 16 November 2017
- 17LTB599 Swing Bar Barrier Gate Serious Accident to Keighley Postman Driver - Crown Court Case Against Site Owners Outcome - Guilty of Health and Safety Offences
- 17LTB600 Carbon Monoxide Awareness Month November 2017 - Reduce the Risk of Carbon Monoxide Poisoning Over The Winter
- 17LTB604 NDC Safety Footwear Trial
- 17LTB610 Royal Mail Group - Menopause - Supporting Menopausal Women At Work
- 17LTB618 Royal Mail Materials Handling Containerisation Update & Christmas Arrangements 2017 - Health & Safety Aspects
- 17LTB619 Royal Mail, Parcelforce And Rm International Christmas Operations 2017 - Temporary Dedicated Parcel Sort Centres (Pscs), Outhouses And Marquees - Health And Safety
- 17LTB620 RMG/CWU Annual National Road Safety Week, 20 - 26 November 2017 - Focus on Supporting 'Think' and the 'BRAKE' Annual Road Safety Week – Theme “Speed Down Saves Lives”: [In the UK speeding is still a major problem. It causes needless crashes, untold suffering and stops people living safe and healthy lives.]
- 17LTB627 Zero Suicide Alliance Launched and Urges The UK To 'Save A Life'
- 17LTB629 Royal Mail Group - Statutory Health and Safety Notice Boards SHE Standard 4.3 & Appendix
- 17LTB630 Air Pollution – A Trade Union Issue, Free Half Day Course, Manchester, Friday, 1st December 2017
- 17LTB649 Royal Mail Group - 'Because Healthy Minds Matters' - Mental Health Strategy - Launch of 'Pocket Z-Cards'
- 17LTB651 Air Pollution – A Trade Union Issue, Free Half Day Course, Leeds, Friday 26th January 2018
- 17LTB661 Safe & Well – November 2017
- 17LTB663 Killer Drivers To Face Life Prison Sentences in Government Plans To Toughen Penalties For Most Serious Driving Offences
- 17LTB664 HSE Settles Judicial Review Brought by OCS Group on FFI Charges before High Court Hearing
- 17LTB666 Royal Mail Property & Facilities Solutions (RMPFS) - Winter Gritting and Snow Clearing Communication 2017/18
- 17LTB668 Doglaw Ltd (Cooper & Co Solicitors) – Two Live Webinars This Week on Thursday 14th December at 6.00pm and Friday 15th December at 11.00am On The Dangerous Dogs Act With Specialist Dangerous Dogs Law Solicitor Trevor Cooper
- 17LTB670 Severe Weather –Royal Mail Group Actions and Communications
- 17LTB671 Caring4K9s Reviewing Responsible Dog Ownership in Wales to Reduce Dog Attacks – Special Symposium Event at the National Assembly for Wales, 9 January 2018
- 17LTB674 Woman Jailed Over Savage Dog Attack On 12 Children
- 17LTB678 Royal Mail Peugeot Expert Vans Security Standards - Door Locking System - Theft of Mail Bags and Packets from Rear Doors URGENT ATTENTION
- 17LTB682 Safe & Well – December 2017